



# OBLATE ACADEMY

HELPING CHILDREN KEEP GOD IN THEIR LIVES



MISSIONARY OBLATES  
OF MARY IMMACULATE  
MISSIONARY ASSOCIATION OF MARY IMMACULATE USA

## THE “DO-BETTER” LIST

*Confession is not about getting into trouble; it's about asking for forgiveness and grace from God and working to do better. It helps us to be mindful of the things in our lives that may lead us to do wrong, so that we can be on our guard against them and work on living a life free from sin and guilt.*

*Are there times in your life that you struggle to do better? Are there things around you that make you act in a way you know God wouldn't like? List them below and bring them with you the next time you go to confession.*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_